

## St. Louis Area Resource Guide

All Little Bit programs and services are delivered through partnerships with St. Louis area schools. For needs outside of our scope of service, we have compiled a list of helpful local resources.

Category	Organization	Details	Website	Phone Number	Address
<b>Afterschool Opportunities</b>	Better Family Life Youth	Better Family Life Afterschool Opportunities Ages 5-18	314-367-3440		www.bflyouth.org
	Black Dance - USA, Better Family Life	Better Family Life dance classes and showcase. Some scholarships available	314-367-3440 ext 103	5415 Page Blvd St. Louis, MO 63074	http://www.betterfamilylife.org
	CollegeBoundSTL	Works for college readiness, access, completion and career readiness for youth in the STL region	314-361-4441	110 North Jefferson St. Louis, MO 63103	https://www.collegeboundstl.org/our-program
	Mathews-Dickey Boys & Girls Club	Youth-serving organization surrounding youth development, leadership, athletics, and education.	(314) 382-5952	4245 North Kingshighway Blvd. Saint Louis, Missouri 63115	https://mathews-dickey.com
	National Afterschool Association	Programs across the country serve children and youth from diverse backgrounds; the Missouri AfterSchool Network builds systems across the state that improve, support, and sustain high quality afterschool programs	<a href="https://moafterschool.org/covid-19resources/">https://moafterschool.org/covid-19resources/</a> <a href="https://moafterschool.org">https://moafterschool.org</a> <a href="https://moafterschool.org/?s=st.louis&amp;submit=">https://moafterschool.org/?s=st.louis&amp;submit=</a>	573-884-2462	1110 S. College Ave Columbia, MO 65211
	Big Brothers Big Sisters of Eastern Missouri	Mentoring program for youth and children in the St. Louis and Eastern Missouri region. Individuals are paired with a "big" or mentor where they form meaningful relationships and connections.	(314) 361-5900	501 N Grand Blvd, St. Louis, MO 63103	http://www.bbbsemo.org/
	The SoulFisher Ministries	Agency that works to respond to the needs of youth with incarcerated parents and to promote restorative justice for those currently and formerly incarcerated	314-381-0401	23 North Oaks Plaza - Suite 250  St. Louis, MO 63121	<a href="https://www.thesoulfisherministries.com/">https://www.thesoulfisherministries.com/</a>
<b>Camp</b>	S.A.F.E. Passage Summer Camp		314-367-3440 ext 714		
	Sherwood Forest	Sleep Away Summer Camp: Balancing traditional camp adventures with evidence-based programs that reinforce and support school-year learning, Sherwood Forest connects with, educates, and inspires the youth of St. Louis.	(314) 644-3322	2708 Sutton Blvd St Louis MO 63143	https://www.sherwoodforeststl.org/

	Wyman, Inc.	Teen Leadership Program in a camp setting, lasting 21 days during the summer and a quarterly check in/mentor program throughout the school year.		600 Kiwanis Drive Eureka, MO 63025	<a href="http://wymancer.org">http://wymancer.org</a>	
<b>Education Scholarship</b>	The Scholarship Foundation	A nonprofit that works to assist in the financial side of postsecondary education for individuals seeking assistance	(314) 725-7990	6825 Clayton Avenue, Suite 100 St. Louis, MO 63139	<a href="https://www.sfstl.org/">https://www.sfstl.org/</a>	
	Tabernacle Community Development Inc.	As a means to aid in lifting the burden of paying for a higher education Naway Ministries, TCDC, and The Tabernacle have partnered to offer scholarships to two African-American seniors in high school in order to assist with post-secondary education.	314-643-6624	3801 Ashland Ave St Louis MO 63108	<a href="http://www.tabcdc.org">www.tabcdc.org</a>	
<b>Food and Nutrition</b>	Operation Food Search	Serves food and nutrition necessities		<a href="https://www.operationfoodsearch.org/find-food/">https://www.operationfoodsearch.org/find-food/</a>	314-726-5355  1644 Lotsie Blvd, Saint Louis, MO 63132	
	St. Louis Area Food Bank	Serves food and nutrition necessities		<a href="https://stlfoodbank.org/programs-services/find-food/">https://stlfoodbank.org/programs-services/find-food/</a>	314-292-6262  70 Corporate Woods Dr, Bridgeton, MO 63044	
<b>Healthcare</b>	The Fit and Food Connection	Healthy living resources through food, fitness and nutrition; virtual Facebook classes		<a href="https://fitandfoodconnection.org">https://fitandfoodconnection.org</a>	Food assistance 314-649-7367 Business 314-312-2746 314-652-9231 ext 10	Believers Temple 2115 Chambers Rd. St. Louis, MO 63136 2431 N. Grand Boulevard, Saint Louis, Missouri 63106
	CHIPS Health and Wellness Center	Variation of services; appointments by phone Tuesday through Friday from 8:30 a.m. to 5:00 p.m.		<a href="http://www.chipsstl.org">http://www.chipsstl.org</a>		
	Affinia Healthcare	Adult Medicine; Women's Health/Ultrasounds; Pediatrics; Podiatry; Adult Behavioral Health; Dental; Lab; WIC; Outreach; Urgent Care	Urgent Care: 314-898-1782 Make an appt: 314-814-8700		Multiple locations: 6763 Page Avenue; 1717 Biddle St, 2220 Lemp Ave, 4414 N. Florissant Ave	<a href="http://affiniahealthcare.org">http://affiniahealthcare.org</a>
	Alive and Well Communities Asthma & Allergy Foundation	Comprehensive asthma and allergy management program available to eligible children/young adults who have been diagnosed with asthma and/or allergies of all types		<a href="http://aafastl.org/PC">http://aafastl.org/PC</a>	314-645-2422	7150 Natural Bridge Road St. Louis, MO 63121
	Care STL Health	Comprehensive, multi-generational healthcare, education, and support		<a href="https://carestlhealth.org">https://carestlhealth.org</a>	314-367-5820 314-371-3100	5471 Dr. Martin Luther King Dr. 2425 North Whittier St. St. Louis, MO 63113 5541 Riverview Blvd. St. Louis, MO 63120
People's Health Center	Sliding scale fee based on income		<a href="https://phcenters.org/location/betty-jean-kerr-peoples-health-centers-delmar-loop">https://phcenters.org/location/betty-jean-kerr-peoples-health-centers-delmar-loop</a> <a href="http://phcenters.org/wp-content/uploads/sites/3/2020/04/Peoples-Hours-of-Operations-Website-Statement-2020-02.pdf">http://phcenters.org/wp-content/uploads/sites/3/2020/04/Peoples-Hours-of-Operations-Website-Statement-2020-02.pdf</a>	314-367-7848 314-781-9162 314-838-8220	314-5701 Delmar Blvd. 63112 200 Manchester Rd 63143 11642 W. Florissant Ave 63033	

## Dental

WellHealth Clinic	St Louis-based Health Organization, promoting Integrated and Evidence-Based health care services to individuals and families with both physical and mental disabilities, and developing innovative health care delivery. "	<a href="https://www.whg.clinic">https://www.whg.clinic</a>	314-925-7525	6113 Ridge Ave. St Louis, MO 63133
Free Clinic Directory	Listings of free and low cost clinics in Saint Louis City county	<a href="https://freeclinicdirectory.org/missouri_care/saint_louis_city_mo_county.html">https://freeclinicdirectory.org/missouri_care/saint_louis_city_mo_county.html</a>	Various	Various locations
Careington Dental	Leading provider of discount programs for health, wellness and lifestyle services	<a href="https://www.careingtondentalsavings.com/find-a-dentist">https://www.careingtondentalsavings.com/find-a-dentist</a>	866-459-4337 1-888-606-5550	Various locations
Dental Care for Kids	Sliding scale fee based on income	<a href="https://www.dentalservicesfinder.com/US/St.-Louis/661112097264643/Health-and-Dental-Care-for-Kids">https://www.dentalservicesfinder.com/US/St.-Louis/661112097264643/Health-and-Dental-Care-for-Kids</a>	314-535-7701	4055 Lindell Blvd. 63108
Florissant Valley Family Dentistry	Medicaid, Medicare, Care Credit Program & Check 90 Program	314-942-2102	565 Howdershell Rd 63031	
Forest Park Dental	Free services for Medicaid patients	<a href="https://forestparkdental.com/">https://forestparkdental.com/</a>	314-207-3989 314-644-9331 367-7200	314- 4527 Forest Park Ave St Louis, MO 63108
Healthcare/Dental for kids	Specializes in Adolescent Medicine and Pediatrics	<a href="http://healthcareforkids.org">healthcareforkids.org</a>	314-535-7701	4055 Lindell Blvd Saint Louis, MO 63108
St. Louis Dental Center- Affinia Healthcare	Offers a sliding fee scale to uninsured patients that is based on household income. Patients who apply and are eligible will pay a discounted fee. Proof of income is required. Payments are due at time of service.	<a href="https://affiniahealthcare.org/about/vision">https://affiniahealthcare.org/about/vision</a> <a href="https://affiniahealthcare.org/services">https://affiniahealthcare.org/services</a>	314-814-8700	Various locations

## Vision

Accent Dental of St. Louis		<a href="https://www.accentdentalstl.com">https://www.accentdentalstl.com</a>	314-862-2006	1405 S. Hanley Rd, Ste. 100 St. Louis, MO 63144
Jefferson County health Department Smiles to GO mobile Dental Clinic	A new, upgraded mobile unit; smiles To Go is a state of the art 40-foot RV "dental office on wheels" staffed with a Licensed Dentist, Certified Dental Assistant, Registered Dental Hygienist, and Office Support Staff member"	<a href="http://www.jeffcohealth.org/dental">http://www.jeffcohealth.org/dental</a>	636-797-3737 ext 301	1818 Lonedell Road Arnold, MO 63010 United States
St. Louis Dental Education and Oral Health Clinic	Medicaid accepted and discounted fees available	<a href="https://stldentalcenter.org/dental-services">https://stldentalcenter.org/dental-services</a>	314-833-2700	1500 Park Ave. 63104
Affina Healthcare Centers	Sliding scale fee based on income. Exams and glasses.	<a href="https://affiniahealthcare.org">https://affiniahealthcare.org</a>	314-814-8700	Murphy-O'Fallon Health Center 1717 Biddle St 63106
Center of Eye Care	Need referral from caseworker, school district, or Lions Club Must have no insurance. Must supply DOB and SS# to make appt.	<a href="https://eyecare.umsl.edu/patient-resources">https://eyecare.umsl.edu/patient-resources</a>	314-535-5106 314-516-5131	Optometric Center 3940 Lindell Blvd. 63108 University Eye Center 7800 Natural Bridge 63121

## Counseling and Mental Health

Crown Vision Center	"Crown Cares For Kids" Must get verbal referral from school nurse. Children 5-14 yrs. with no insurance/other benefits can receive exams and glasses free of charge, one time per child.	<a href="https://crownvisioncenter.com/eye-health/kids-vision">https://crownvisioncenter.com/eye-health/kids-vision</a>	314-535-2273	1015 N. Grand Ave. 63106
One Sight Program	TLBF can provide referrals to participating agencies for free lenses and frames and reduced or free exams. Participating companies are Lenscrafters, Pearle Vision, Sears Optical, Target Optical. Can't have any insurance or Medicaid			
The Brady Clinic	Free for unemployed/uninsured, must be referred by a caseworker. Must provide DOB and SS# to schedule		314-256-3200	1755 S. Grand Blvd St Louis 63104
Family Care Health Center	Sliding scale fee based on income. Exam and glasses starting at \$20.	<a href="https://familycarehealthcenters.org">https://familycarehealthcenters.org</a>	314-353-5190	401 Holly Hills Ave. 63111
Annie's Hope	"To be the first choice" bereavement center focused solely on the needs of grieving children, adolescents and their families in the St. Louis region"	<a href="http://annieshope.org">http://annieshope.org</a>	314-965-5015	1333 W. Lockwood, Suite 104, St. Louis, MO 63122
St. Louis Empowerment Center	A recovery drop-in center for people who are mental health consumers or who have co-occurring disorders. It is funded by the Missouri Department of Mental Health and the Missouri Foundation of Health"	<a href="http://www.dbsaempowerment.org/programs-and-services">http://www.dbsaempowerment.org/programs-and-services</a>	314-652-6100	1908 Olive St. St. Louis, Mo 63103
NAMI Connection	Family support group; beginning Monday, March 23rd, NAMI St. Louis will be offering Online Family Support Group using Zoom from Registration is required. To register click on the date you would like to attend below.	<a href="https://www.namistl.org/support-groups/family-support-group">https://www.namistl.org/support-groups/family-support-group</a>	314-962-4670	crisis hotline: 1-800-811-4760
Provident Behavioral Health	Mentally healthy communities through quality behavioral health services accessible to all"	<a href="https://www.providentstl.org/counseling">https://www.providentstl.org/counseling</a> <a href="https://www.providentstl.org/about-us/contact-us">https://www.providentstl.org/about-us/contact-us</a>	314-533-8200	2650 Olive St. Louis, MO 63103
Our Little Haven: Keystone Mental Health Services	"Caring for Children and Families. Mind. Body. Soul"	<a href="https://www.ourlittlehaven.org/keystone">https://www.ourlittlehaven.org/keystone</a>	314.533.2229	4326 Lindell Blvd
Behavioural Health Response (BHR)	Talk to a mental health clinician 24/7. Suicide/depression/crisis counselling		314-469-6644/800-811-4760	

	Kids in the Middle	Individual, group, and family counseling for children going through parents' divorce alongside education, programming, and resources for parents.	(314) 909-9922	2650 South Hanley Road Suite 150 Maplewood, Missouri 63144	
	Safe Connections	A STL organization working to prevent and end domestic and sexual violence while helping survivors reclaim their lives. They work with prevention education, crisis intervention and counseling make a big difference for families and the health of the community.	314.531.2003	2165 Hampton Avenue Saint Louis, Missouri 63139	<a href="https://www.safeconnections.org/about-us/">https://www.safeconnections.org/about-us/</a>
	STL City Youth Connection Hotline	Crisis Interention 24/7. Crisis and referral help for children, teens and families.	1(877) 928-2929 / 314-628-2929 Text 4HLP to 31658		<a href="http://www.stlmhb.com">http://www.stlmhb.com</a>
	WellHealth Clinic	WellHealth Clinic is a St Louis-based Health Organization, promoting Integrated and Evidence-Based health care services to individuals and families with both physical and mental disabilities, and developing innovative health care delivery.	314-925-7525	916 Olive St St Louis MO 63101	<a href="https://www.whg.clinic/home">https://www.whg.clinic/home</a>
<b>Substance Abuse</b>	Grace Hill	Delivers programs based on best practices that help us address core St. Louis disparities	<a href="https://gracehillsettlement.org">https://gracehillsettlement.org</a>	314-584-6858	2125 Bissell Street Saint Louis, MO 63107
	NCADA	One of the NCADA's major goals is to teach young people the skills needed to resist the pressures to use and abuse drugs. We offer proven, evidence- and best-practices-based curricula for every grade from K-12 in nearly 300 schools in the region.	314.962.3456	9355 Olive Boulevard St Louis MO 63132	<a href="http://ncada-stl.org/">http://ncada-stl.org/</a>
<b>Disabilities</b>	Talk About It	Age specific talking kits to help prevent drug and alcohol use in children and teens			<a href="http://www.TalkAboutItSTL.com">www.TalkAboutItSTL.com</a>
	Missouri Network for Opiate Reform & Recovery	Real solutions for those struggling with substance use disorder	<a href="https://www.monetwork.org/">https://www.monetwork.org/</a>	314-376-5400	4022 S. Broadway St. Louis, Mo 63118
	Family Forward	FamilyForward provides trauma assessment and psychological evaluation, therapy, coaching and education, foster care and adoption, therapeutic preschool, and care for children with developmental disabilities.	314-968-2350	intake.dept@familyforwar dmo.org	<a href="https://familyforwardmo.org/how-we-help/developmental-trauma-center/">https://familyforwardmo.org/how-we-help/developmental-trauma-center/</a>

## Homeless and Housing

Homeless Hotline	Saint Louis County residents who are homeless or experiencing a housing crisis can seek assistance by calling the Emergency Shelter Hotline	<a href="https://www.stlouisco.com/Health-and-Wellness/Human-Services/County-Homeless-Programs">https://www.stlouisco.com/Health-and-Wellness/Human-Services/County-Homeless-Programs</a>	866-802-7155 802-5444	314-	various
St. Patrick Center	Provides opportunities for self-sufficiency and dignity to people who are homeless or at risk of becoming homeless	<a href="https://stpatrickcenter.org/contact-us/">https://stpatrickcenter.org/contact-us/</a>	314-802-0700		800 N. Tucker Blvd. St. Louis, MO 63101
3010 Apartments	For homeless individuals and veterans with special needs, Salvation Army's 3010 Apartments provide the second chance people deserve	<a href="https://www.mccormackbaron.com/find-a-home/3010-apartments">https://www.mccormackbaron.com/find-a-home/3010-apartments</a>	314-833-4040		3010 Washington Avenue St. Louis, MO 63103
Beyond Housing	Helps make the dream of homeownership a reality for families in St. Louis and surrounding areas	<a href="https://www.beyondhousing.org/housing-services">https://www.beyondhousing.org/housing-services</a>	314-553-0600		6506 Wright Way St. Louis, MO 63121
Missouri Affordable Housing Locator	Service to help you find quality affordable rental housing in the state of Missouri	<a href="http://ahl.mhdc.com">http://ahl.mhdc.com</a>	314-877-1350		505 N. 7th Street 20th Floor, Suite 2000 St. Louis, MO 63101
Salvation Army Family Haven	Exists to meet human need wherever, whenever, and however	<a href="https://www.salvationarmyusa.org/usn/home/#whatwedo">https://www.salvationarmyusa.org/usn/home/#whatwedo</a>	314-423-7770 314-621-2424		205 N. 18th Street and others
Start Here	St. Louis area resources and housing	<a href="https://www.startherestl.org/housing.html">https://www.startherestl.org/housing.html</a>		various	various
St. Louis Hope House	Hope House offers 50 transitional housing apartments for homeless families, comprehensive social services, family development, vocational and educational counseling, housing placement assistance, on-site living skills classes, and day care center. Clients must be prior St. Louis City residents and in a shelter for 15-30 days or referred by the Housing Resource Center.		314-382-3801	1611 Hodiamont Ave. 63112	<a href="http://www.hopehousetl.com">www.hopehousetl.com</a>
Rental Assistance	This website lists many Missouri cities and the assistance programs available. Includes more than housing programs.				<a href="http://rentassistance.org/missouri-programs.html">http://rentassistance.org/missouri-programs.html</a>
Gateway 180 Homeless Services	Gateway 180 Homeless Services is the largest 24-hour emergency shelter for single women and families in the state of Missouri. 110 beds and three meals a day to residents. Lunches are provided daily. for drop-ins. Works with Grace Hill and Washington University to provide health services. Requires referral.		314-231-1515	1000 North 19th Street 63106	<a href="http://www.gateway180.org">www.gateway180.org</a>

<b>Employment Services</b>	Missouri Department of Social Services	Home energy assistance program	<a href="https://dss.mo.gov/fsd/energy-assistance">https://dss.mo.gov/fsd/energy-assistance</a>	855-373-4636	3101 Chouteau St Louis, MO 63103
	Employment Connection	Break down barriers to self-sufficiency, creating a safer and more inclusive community	<a href="https://www.employmentstl.org/employers">https://www.employmentstl.org/employers</a>	314-333-5627	2838 Market Street St. Louis, MO 63103
	SLATE	Career Center: Educational, training, and support services	314-589-8000	1520 Market Street Room 3050 St Louis MO 63103	www.stlworks.com
<b>Legal Assistance</b>	Legal Service of Eastern MO	Community Economic Dev Neighborhood Vacancy Initiative (St Louis City only): vacancy prevention title clearnace problem property issues, community assistance	314-256-8744		Email nvi@lsem.org  www.lsem.org
	Legal Service of Eastern MO	Free legal help: health coverage, family health advocates, children's legal alliance, family court, public benefits and more	800-444-0514 314-534-4200		www.lsem.org
<b>Emergency Assistance/Breaking Cycle of Poverty</b>	United Way	Mobilizes the community with one goal in mind - helping people live their best possible lives	<a href="https://helpingpeople.org/our-impact/provide-food-shelter">https://helpingpeople.org/our-impact/provide-food-shelter</a>	800-427-4626 314-421-0700	910 N. 11th Street St. Louis, MO 63101-1018
	St. Louis Crisis Nursery	Premier child abuse prevention program in the St. Louis region	<a href="https://www.crisisnurserykids.org/">https://www.crisisnurserykids.org/</a>	314-292-5770 24-Hour Helpline: 314-768-3201 24-Hour Helpline: 314-953-8030	1928 Gravois Avenue St. Louis, MO 63104 11037 Breezy Point Lane St. Louis, MO 63136
	Community Women Against Hardship	Non-profit, volunteer-based organization dedicated to providing personalized programs and services to enable low to moderate income families struggling with poverty to become more self-sufficient	<a href="http://cwah.org/home0.aspx">http://cwah.org/home0.aspx</a>	314-289-7523	3963 West Belle Place, St. Louis, MO, 63112
National Council of Jewish Women	Resale shop	<a href="https://www.ncjwstl.org">https://www.ncjwstl.org</a>	314-993-5181	295 N. Lindbergh Blvd. St. Louis, MO 63141	
Nurses for Newborns	Provides a safety net for families most at-risk in order to prevent infant mortality, child abuse and neglect by providing in-home nursing visits which promote healthcare, education, and positive parenting skills	<a href="https://www.nursesfornewborns.org/home/missouri-2">https://www.nursesfornewborns.org/home/missouri-2</a>	314-544-3433	7259 Lansdowne, Suite 100 St. Louis, MO 63119	
St. Louis Area Diaper Bank	Partners with existing service organizations to serve families who are most in need of diapers to keep their little ones clean and dry, healthy and happy			314- 624-0888	

Parents as Teachers	Promotes the optimal early development, learning and health of children by supporting and engaging their parents and caregivers	<a href="https://parentsasteachers.org">https://parentsasteachers.org</a>	314-432-4330 toll free: 1-866-728-4968	2228 Ball Drive St. Louis, Missouri 63146
Pink Ribbon Girls	Provide free direct services to those with breast and gynecological cancers throughout our service regions. We serve those with any stage of cancer. There are no age restrictions and no income restrictions.	<a href="https://www.pinkribbongirls.org/services">https://www.pinkribbongirls.org/services</a>	877-269-5367	32 E Main St. Tipp City, OH 45371
The Spot	Youth partnership and resources	<a href="http://thespot.wustl.edu/Resources/STL-Resources">http://thespot.wustl.edu/Resources/STL-Resources</a>	314-535-0413	4169 Laclede Ave. St. Louis, MO 63108
Child Care Aware	Helps identify quality child care, questions to ask, and what to look for during child care search as well as other services	<a href="https://www.mo.childcareaware.org/parents-families/family-resources">https://www.mo.childcareaware.org/parents-families/family-resources</a>	800-200-9017	1000 Executive Parkway Drive, Suite 103 St. Louis, MO 63141
Cap4Kids	Children's advocacy and mentoring: Big Brothers Big Sisters Boys and Girls Club Girls Inc. of St. Louis etc....	<a href="https://cap4kids.org/stlouis/parent-handouts/housing-utilities">https://cap4kids.org/stlouis/parent-handouts/housing-utilities</a> <a href="https://cap4kids.org/stlouis/parent-handouts/after-school-camps-mentoring">https://cap4kids.org/stlouis/parent-handouts/after-school-camps-mentoring</a>	Various	Various
St. Vincent DePaul	Person-to-person services to the most vulnerable in communities	<a href="https://www.svdpusa.org">https://www.svdpusa.org</a>	314-881-6000	
Helping Hand Me Downs	Helps families break the cycle of poverty and works with them to find stability and independence, serving over 19,000 children and their families since 2011	<a href="http://helpinghandmedowns.org">http://helpinghandmedowns.org</a>	314-514-5987	6728 Page Avenue St. Louis, MO 63133
Salvation Army	Pathway of Hope: The Pathway of Hope provides targeted services to families striving to break free of intergenerational poverty. The Salvation Army will partner with families wanting to change their situation and are willing to share accountability with us for planned actions. As families achieve increasing stability, their degree of hope about their futures will also increase, serving as motivation along their journey to sufficiency.			<a href="http://stlsalvationarmy.org/how-we-help/community-needs/pathway-of-hope/">http://stlsalvationarmy.org/how-we-help/community-needs/pathway-of-hope/</a>



	Clark Fox Family Foundation	Mapping system with connections to resources in the St. Louis region surrounding behavioral health, after school programming, early child care, health and wellness, education and enrichment programming, Substance			<a href="http://www.clarkfoxstl.com/mapping">www.clarkfoxstl.com/mapping</a>
<b>Women's Services</b>	Missouri Care	Get connected with the right social services	866-775-2192		
	Center of Women in Transition	Works with women who are re-entering the area after incarceration. CWIT is a comprehensive program to help women move from crisis to stability and self-sufficiency. They operate two transitional housing facilities in South St. Louis.	314-771-5207	7529 South Broadway 63111	<a href="http://www.cwitstl.org/store/c1/Home">http://www.cwitstl.org/store/c1/Home</a>
	Family Forward	Redevelopment Opportunities for Women (ROW) provides advocacy and financial literacy services for women who have been impacted by domestic violence, poverty/economic hardship, and/or homelessness. ROW focuses on the economic and social context in which women find themselves and builds upon their current strengths as women and as parents.	314.588.8300	1914 Olive St, Ste 200 Saint Louis, MO 63103-1693	<a href="https://familyforwardmo.org/how-we-help/redevelopment-opportunities-women">https://familyforwardmo.org/how-we-help/redevelopment-opportunities-women</a>
	Lydia's House	Lydia's House is a housing program specifically for battered and abused women and their children and that offers immediate community. 36 confidentially located, fully furnished apartments where our families can find refuge, safety and support. Provide each family with their own advocate to help guide them through the recovery process.	314-771-4411		<a href="https://www.lydiashouse.org/">https://www.lydiashouse.org/</a>
	Women's Safe House	The Women's Safe House is a shelter for battered women and their children. Services include legal advocacy, community speaking and education, housing referrals, support groups, children's programs, and limited transportation.	24 Hour Crisis Hotline 314-772-4535	PO Box 63010 63163	<a href="http://www.twsh.org">www.twsh.org</a>

Almost Home	Almost Home is a transitional residence for teenage mothers with up to two children. The program is nine months long and may be extended.	314-771-4663	3200 St. Vincent 63104	<a href="http://www.almosthomestl.org">www.almosthomestl.org</a>
Magdalene's House	Magdalene St. Louis is a residential community for women who have survived lives of sexual exploitation, violence and addiction.	314-339-5216		<a href="mailto:info@magdalene.org">info@magdalene.org</a> <a href="http://www.magdalenestl.org">www.magdalenestl.org</a>